

CERTIFICATE OF PARTICIPATION

This is to certify that

Lezaan Van Zyl

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:29:26

Mat-To-Mat Time 02:29:26

PACE 07:06/km

GENDER 215 of 384

OVERALL 410 of 678

SENIOR (20- 110 of 188 39)



Date

Signature

BoutTime