



CERTIFICATE

OF PARTICIPATION

This is to certify that

Lauren Koorts

Has successfully participated & completed the

13km Black Hill Timbercity Red Hill Marathon

held at Fish Hoek Sports Field.

TIME 01:53:53

PACE 6.85km/h

GENDER 203 of

363

OVERALL 392 of 623

SENIOR (20- 65 of 111

39)

25 January 2025, Sat

