

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Zietsman**

Has successfully participated & completed the

**5km Beer Run Mistico Beer Run**

held at Mistico, Cape Town.

**TIME 00:40:31**

**PACE 08:06/km**

**GENDER 11 of 28**

**OVERALL 23 of 50**

**40 - 49 5 of 10**

11 December 2024, Wed

Date



*BoutTime*

Signature

