

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Koos Bonthuys**

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**TIME** 01:55:03

**PACE** 11:30/km

**OVERALL** 354 of 457

23 November 2024, Sat

Date

**GENDER** 128 of

175

**60+** 19 of 23

Bout Time

Signature