

CERTIFICATE OF PARTICIPATION

This is to certify that

Kobus Marais

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:48:19

Mat-To-Mat Time 03:48:19

PACE 05:25/km

GENDER 119 of 557

OVERALL 156 of 983

**SENIOR (20- 56 of 189
39)**



22 November 2025, Sat

Date

Signature

BoutTime