

CERTIFICATE OF PARTICIPATION

This is to certify that

Karmen Gildenhuys

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:31:19

Mat-To-Mat Time 01:31:19

PACE 09:06/km

GENDER 250 of 385

OVERALL 427 of 628

50+ 36 of 72



22 November 2025, Sat

Date

Signature



BoutTime