

CERTIFICATE

OF PARTICIPATION

This is to certify that

Karen Mulder

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:30:45

Mat-To-Mat Time 05:30:45

PACE 07:51/km

OVERALL 732 of 98

GENDER 309 of

426

50+ 66 of 95

22 November 2025, Sat

BoutTime