

CERTIFICATE OF PARTICIPATION

This is to certify that

Karen Minnaar

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:16:45

Mat-To-Mat Time 04:16:45

PACE 06:06/km

OVERALL 304 of 983

GENDER 99 of 426

40+ 35 of 159



22 November 2025, Sat

Date

Signature

