

CERTIFICATE OF PARTICIPATION

This is to certify that

Karen Minnaar

Has successfully participated & completed the

42.2km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 04:23:36

PACE 06:15/km

GENDER 60 of 158

OVERALL 169 of 373

40+ 28 of 59

23 November 2024, Sat

Date



BoutTime

Signature

