

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Karen Meyer

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 04:35:00

**Mat-To-Mat Time** 04:35:00

**PACE** 06:31/km

**OVERALL** 417 of 98

**GENDER** 149 of

426

**50+** 25 of 95

22 November 2025, Sat-

BoutTime