

CERTIFICATE

OF PARTICIPATION

This is to certify that

John October

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:44:08

Mat-To-Mat Time 04:44:08

PACE 06:45/km

OVERALL 490 of 98

GENDER 303 of

557

50+ 70 of 130

22 November 2025, Sat

BoutTime