

CERTIFICATE OF PARTICIPATION

This is to certify that

Johan Von Solms

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:07:23

Mat-To-Mat Time 01:07:23

PACE 06:43/km

GENDER 111 of 220

OVERALL 197 of 500

50+ 18 of 40



19 December 2025, Fri

Date

Signature

