

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Johan Fouche**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:12:05**

**Mat-To-Mat Time 01:12:05**

**PACE 07:12/km**

**GENDER 123 of 243**

**OVERALL 257 of 628**

**60+ 9 of 24**



22 November 2025, Sat

Date

Signature



*BoutTime*