

CERTIFICATE

OF PARTICIPATION

This is to certify that

Johan Els

Has successfully participated & completed the

10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:44:23

Mat-To-Mat Time 01:44:23

PACE 10:25/km

OVERALL 523 of 628

GENDER 206 of

243

70+ 7 of 12

22 November 2025, Sat-

Date

Signature

BoutTime