

CERTIFICATE OF PARTICIPATION

This is to certify that

Joanette Niemand

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:54:56

Mat-To-Mat Time 03:54:56

PACE 05:34/km

GENDER 53 of 426

OVERALL 193 of 983

**SENIOR (20- 31 of 154
39)**



22 November 2025, Sat

Date

Signature



BoutTime