

CERTIFICATE OF PARTICIPATION

This is to certify that

Jo-Ané Du Plessis

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:40:15

Mat-To-Mat Time 01:40:15

PACE 04:45/km

GENDER 8 of 384

OVERALL 49 of 678

**SENIOR (20- 5 of 188
39)**



22 November 2025, Sat

Date

Signature



BoutTime