

CERTIFICATE OF PARTICIPATION

This is to certify that

Jo Roman

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:02:01

Mat-To-Mat Time 01:02:01

PACE 06:12/km

GENDER 50 of 385

OVERALL 128 of 628

**SENIOR (20- 21 of 157
39)**



22 November 2025, Sat

Date

Signature



BoutTime