

CERTIFICATE OF PARTICIPATION

This is to certify that

Jf Steenberg

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:36:42

Mat-To-Mat Time 01:36:42

PACE 09:39/km

GENDER 192 of 243

OVERALL 473 of 628

50+ 33 of 46



22 November 2025, Sat

Date

Signature



BoutTime