

CERTIFICATE OF PARTICIPATION

This is to certify that

Jerome Ferland

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:35:22

Mat-To-Mat Time 00:35:22

PACE 03:31/km

GENDER 7 of 220

OVERALL 7 of 500

**SENIOR (20- 6 of 82
39)**



19 December 2025, Fri

Date

Signature



BoutTime