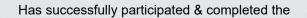


CERTIFICATE

OF PARTICIPATION

This is to certify that

Jarred Adam Kowen



10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:21:54

Mat-To-Mat Time 01:21:54

PACE 08:10/km

GENDER 148 of

220

OVERALL 310 of 500

JUNIOR (15- 8 of 13

19)



Date

Signature Bout Lime