

CERTIFICATE

OF PARTICIPATION

This is to certify that

Janine Lucas

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:56:56

Mat-To-Mat Time 04:56:56

PACE 07:03/km

OVERALL 625 of 98

GENDER 256 of

426

40+ 99 of 159

22 November 2025, Sat

BoutTime