

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jan-Paul Jordaan



10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:26:12

Mat-To-Mat Time 01:26:12

PACE 08:36/km

GENDER 159 of

220

OVERALL 340 of 500

SENIOR (20- 65 of 82

39)



Date

Signature Bout Lime