

CERTIFICATE OF PARTICIPATION

This is to certify that

Jan-Carel Lochner

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:50:39

Mat-To-Mat Time 01:50:39

PACE 05:15/km

GENDER 73 of 294

OVERALL 104 of 678

**JUNIOR (15- 10 of 17
19)**



22 November 2025, Sat

Date

Signature



BoutTime