

# CERTIFICATE OF PARTICIPATION

This is to certify that

Jan Ole Kieper

Has successfully participated & completed the

**10km SEEFF KMC NITE RACE**

held at Knysna Marathon Clubhouse, Knysna.

**OFFICIAL TIME 00:42:54**

**Mat-To-Mat Time 00:42:49**

**PACE 04:16/km**

**GENDER 15 of 145**

**OVERALL 17 of 256**

**SENIOR (20- 7 of 51  
39)**



16 December 2025, Tue

Date

Signature



*BoutTime*