

CERTIFICATE OF PARTICIPATION

This is to certify that

Jan Meyer

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:57:58

Mat-To-Mat Time 00:57:58

PACE 05:46/km

GENDER 74 of 220

OVERALL 111 of 500

50+ 11 of 40



19 December 2025, Fri

Date

Signature

