

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jan Loots

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:54:49

Mat-To-Mat Time 03:54:49

PACE 05:34/km

OVERALL 190 of 98

GENDER 140 of

557

50+ 25 of 130

22 November 2025, Sat

BoutTime