

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jan Gildenhuys

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:18:13

Mat-To-Mat Time 02:18:13

PACE 06:33/km

OVERALL 319 of 678

GENDER 166 of

294

60+ 19 of 39

22 November 2025, Sat

BoutTime