

CERTIFICATE OF PARTICIPATION

This is to certify that

James Gwena

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:11:01

Mat-To-Mat Time 04:11:01

PACE 05:57/km

**GENDER 180 of
557**

OVERALL 258 of 983

40+ 55 of 185



22 November 2025, Sat

Date

Signature



BoutTime