

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jamaluddien Ahmed



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:53:22

Mat-To-Mat Time 04:53:22

PACE 06:58/km

OVERALL 578 of 98

GENDER 343 of

557

40+ 112 of 185

22 November 2025, Sat-

BoutTime