

CERTIFICATE OF PARTICIPATION

This is to certify that

Jade Avenant

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:05:26

Mat-To-Mat Time 01:05:26

PACE 06:31/km

GENDER 81 of 385

OVERALL 174 of 628

**SENIOR (20- 40 of 157
39)**



22 November 2025, Sat

Date

Signature



BoutTime