

CERTIFICATE OF PARTICIPATION

This is to certify that

Jacq Van Jaarsveld

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:22:35

Mat-To-Mat Time 04:22:35

PACE 06:15/km

**GENDER 221 of
557**

OVERALL 339 of 983



**SENIOR (20- 94 of 189
39)**

Date

Signature

BoutTime