

# CERTIFICATE OF PARTICIPATION

This is to certify that

Jaco Van Wyk

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:00:43**

**Mat-To-Mat Time 01:00:43**

**PACE 06:03/km**

**GENDER 73 of 243**

**OVERALL 114 of 628**

**SENIOR (20- 35 of 91  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*