

CERTIFICATE OF PARTICIPATION

This is to certify that

Jaco Van Niekerk

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:40:04

Mat-To-Mat Time 04:40:04

PACE 06:39/km

**GENDER 285 of
557**

OVERALL 450 of 983

40+ 89 of 185



22 November 2025, Sat

Date

Signature



BoutTime