

CERTIFICATE OF PARTICIPATION

This is to certify that

Jaco Nel

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:29:38

Mat-To-Mat Time 01:29:38

PACE 08:57/km

**GENDER 175 of
243**

OVERALL 417 of 628

50+ 28 of 46



22 November 2025, Sat

Date

Signature



BoutTime