

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jaco Erasmus

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:26:56

Mat-To-Mat Time 04:26:56

PACE 06:21/km

OVERALL 362 of 98

GENDER 237 of

557

40+ 73 of 185

22 November 2025, Sat-

BoutTime