

CERTIFICATE OF PARTICIPATION

This is to certify that

Jaco De Jager

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:29:43

Mat-To-Mat Time 01:29:43

PACE 04:15/km

OVERALL 19 of 678

GENDER 18 of 294

40+ 5 of 51



22 November 2025, Sat

Date

Signature

