

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jackie Longworth

Has successfully participated & completed the

5km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 00:55:45

PACE 11:09/km

OVERALL 40 of 71

23 November 2024, Sat

Date

GENDER 18 of 41

40 - 49 5 of 8



BoutTime

Signature