

CERTIFICATE OF PARTICIPATION

This is to certify that

Ismail Abrahams

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:30:05

Mat-To-Mat Time 04:30:05

PACE 06:24/km

**GENDER 254 of
557**

OVERALL 393 of 983

50+ 55 of 130



22 November 2025, Sat

Date

Signature



BoutTime