

CERTIFICATE OF PARTICIPATION

This is to certify that

Isabel Naude

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:16:46

Mat-To-Mat Time 05:16:46

PACE 07:31/km

**GENDER 290 of
426**

OVERALL 696 of 983

**SENIOR (20-
39) 103 of
154**



Date

Signature

BoutTime