

CERTIFICATE

OF PARTICIPATION

This is to certify that

Isaac Manuel

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:50:41

Mat-To-Mat Time 03:50:41

PACE 05:28/km

OVERALL 164 of 98

GENDER 124 of

557

60+ 4 of 47

22 November 2025, Sat-

Date

Signature

BoutTime