

CERTIFICATE OF PARTICIPATION

This is to certify that

Irene Lourens

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:08:08

Mat-To-Mat Time 01:07:06

PACE 06:48/km

GENDER 24 of 145

OVERALL 50 of 206

**SENIOR (20- 12 of 65
39)**



22 November 2025, Sat

Date

Signature



BoutTime