

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ingrid Fivaz**

Has successfully participated & completed the

**5km Volksrust Marathon**

held at Volksrust High School.

**OFFICIAL TIME 00:47:03**

**Mat-To-Mat Time 00:55:57**

**PACE 09:24/km**

**GENDER 17 of 44**

**OVERALL 32 of 80**

**SENIOR (20- 10 of 25  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*