

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ilze-Marie Otto

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:54:51

Mat-To-Mat Time 03:54:51

PACE 05:34/km

OVERALL 192 of 983

GENDER 52 of 426

SENIOR (20- 30 of 154

39)

22 November 2025, Sat-

BoutTime