

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ilse Van Wyk**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:01:29**

**Mat-To-Mat Time 01:01:29**

**PACE 06:07/km**

**OVERALL 123 of 628**

**GENDER 45 of 385**

**50+ 6 of 72**



22 November 2025, Sat

Date

Signature

