

CERTIFICATE OF PARTICIPATION

This is to certify that

Ilse Saunders

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:18:34

Mat-To-Mat Time 02:18:34

PACE 06:34/km

GENDER 155 of 384

OVERALL 324 of 678

40+ 40 of 87



22 November 2025, Sat

Date

Signature



BoutTime