

CERTIFICATE OF PARTICIPATION

This is to certify that

Ilse De Beer

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:31:44

Mat-To-Mat Time 01:31:27

PACE 09:09/km

GENDER 86 of 145

OVERALL 137 of 206

50+ 9 of 22



22 November 2025, Sat

Date

Signature

