

CERTIFICATE OF PARTICIPATION

This is to certify that

Ilona Du Plessis

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:47:42

Mat-To-Mat Time 04:47:42

PACE 06:51/km

**GENDER 203 of
426**

OVERALL 524 of 983

**SENIOR (20- 81 of 154
39)**



Date

Signature

BoutTime