

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ike Lerm

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:24:20

Mat-To-Mat Time 05:24:20

PACE 07:42/km

GENDER 298 of

426

OVERALL 713 of 983

SENIOR (20- 105 of

39) 154



Date

Signature Bout Lime