

CERTIFICATE OF PARTICIPATION

This is to certify that

Ian Strydom

Has successfully participated & completed the
10km Run/Walk Mistico Breakfast Run
held at Mistico, Cape Town.

TIME 01:00:53

PACE 06:04/km
OVERALL 3 of 23

GENDER 2 of 9
OPEN 2 of 5

17 November 2024, Sun

Date



BoutTime

Signature

