

CERTIFICATE OF PARTICIPATION

This is to certify that

Ian Loos

Has successfully participated & completed the

34km Trail Run Oak Valley Extreme

held at Oak Valley Estate, Grabouw.

TIME 03:32:40

PACE 06:15/km

GENDER 5 of 14

OVERALL 6 of 22

50 - 59 2 of 4

15 September 2024, Sun

Date



BoutTime

Signature

